



**Demographic  
Patient Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Emergency Contact Phone #: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

**For Laboratory & Out Patient Services**

Health Insurance Company: \_\_\_\_\_

Health Insurance Phone: \_\_\_\_\_

Health Insurance Member ID: \_\_\_\_\_

Health Insurance Group ID: \_\_\_\_\_

X \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of patient or guardian if minor)



**Patient Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Would you like to receive newsletters, promos, or other communication sent by Dr. Sears?  
(circle) YES or NO

Employer: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Emergency Contact#: \_\_\_\_\_

How did you hear about the practice? \_\_\_\_\_

Reason for today's consultation: \_\_\_\_\_

What would you like to accomplish with today's visit?

Past medical history?

Do you exercise? (circle) YES or NO

If you do, what type of exercise do you do, and how many days per week? \_\_\_\_\_

Prescription drug allergies? \_\_\_\_\_

Past surgeries? \_\_\_\_\_

Current Supplements & medications?



Are you a smoker or a former smoker? \_\_\_\_\_  
Do you drink alcohol? (Circle) YES or NO  
If so, how often and what do you drink? \_\_\_\_\_  
Caffeine? \_\_\_\_\_ Marital Status? \_\_\_\_\_  
Children? \_\_\_\_\_ Occupation? \_\_\_\_\_

Religion/ Ethnicity: \_\_\_\_\_  
Do you have a history of toxic exposure? (circle) YES or NO  
If yes, what have you been exposed too? \_\_\_\_\_  
What is your current stress level with 1 being the best, and 10 being the worst? \_\_\_\_\_

Do you have any significant life events happening that causes your stress to go up?  
\_\_\_\_\_  
\_\_\_\_\_

How is your diet? What do you eat on a daily basis? Organic? Vegan? Low- fat? Pseudo -vegan?  
\_\_\_\_\_  
\_\_\_\_\_

**Authorization:** I authorize Sears Institute for Anti-Aging Medicine to release any information including the diagnoses and treatment rendered to me or my dependent to my insurance company. I authorize and request my insurance company to pay directly to the doctor any benefits otherwise payable to me. I acknowledge that I have been offered/received a copy of the privacy practice notice.

X \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature of patient or guardian if minor)



### **Communication Authorization**

The following person/persons listed are hereby authorized to obtain any & all pertinent information via telephone communication with the staff of Dr. Al Sears, MD/Sandra McKenzie, PA.

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Print Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_